

# Preliminary Faculty List

**Raul Barco, MD, PhD**, Madrid, Spain

**Hans-Jörg Bülow, MD, PhD**, Markgröningen, Germany

**Klaus Burkhart, MD, PhD, Assoc. Prof.**, Stuttgart, Germany

**Alexander Ellwein, MD, PhD, Assoc. Prof.**, Hanover, Germany

**Maria Elze, MD, PhD**, Leipzig, Germany

**Bilal Farouk El-Zayat, MD, PhD**, Professor, Marburg, Germany

**Christian Gerhardt, MD, PhD**, Karlsruhe, Germany

**Stephanie Geyer, MD, PhD**, Assoc. Prof., Pfronten, Germany

**Michael Glanzmann, MD, PhD**, Zurich, Switzerland

**Stefan Greiner, MD, PhD, Professor**, Regensburg, Germany

**Michael Hackl, MD, PhD, Professor**, Mannheim, Germany

**Boris Hollinger, MD, PhD**, Markgröningen, Germany

**Graham King, MD, MSc, Professor**, London, Canada

**Andreas Lenich, MD, PhD, Professor**, Munich, Germany

**Tim Leschinger, MD, PhD, Assoc. Prof.**, Cologne, Germany

**Konrad Mader, MD, PhD**, Hamburg, Germany

**Fabrizio Moro, MD, PhD**, Zurich, Switzerland

**Lars Peter Müller, MD, PhD**, Professor, Cologne, Germany

**Jules-Nikolaus Rippke, MD, PhD**, Baselland, Switzerland

**Mathias Ritsch, MD**, Rosenheim & Vogtareuth, Germany

**Kay Schmidt-Horlohé, MD, PhD**, Wiesbaden, Germany

**Christian Schoch, MD, PhD**, Pfronten, Germany

**Dominik Seybold, MD, PhD, Professor**, Düsseldorf, Germany

**Sebastian Siebenlist, MD, PhD, Professor**, Munich, Germany

**Kathi Thiele, MD, PhD**, Berlin, Germany

**Wolfgang Werner-Tutschku, MD, PhD**, Linz, Austria

**Adam Watts, BSc, MBBS, FRCS, Professor**, Manchester, United Kingdom

## Hotel Recommendations:

early booking is recommended!

## Hotel Friends (Speakers' Hotel)

Martin-Kremmer-Strasse 1, 45327 Essen

essen@hotelfriends.de

Tel. 049 (0) 201 747 043 0

## Heiners Parkhotel

Am Bugapark 1d, 45899 Gelsenkirchen

info@heiners.info

Tel. 049 (0) 209 1772-222

www.heiners.info/parkhotel-lp

## Patronats:

Under the patronat of AGA, DVSE, SECEC

## Participation Fees / Course Fee:

**Congress Ticket September 30 – October 1, 2025:**

(Congress with numerous live demos, break workshops, and industrial exhibition)

Members of DVSE / AGA / SECEC: 400,- €

Non-members: 500,- €

Physiotherapists / Medical Staff: 100,- €

Medical Students: 50,- €

**Combi Ticket Congress incl. CadLab Hands-on Course, September 30 – October 2, 2025:**

(For quality reasons participant spots in the CadLab are limited):

Members of DVSE / AGA / SECEC: 950,- €

Non-members: 1.100,- €

**Meet&Greet October 1, 2025:**

including a short guided tour of the historic Coal Mine:

50,- € per person

# The Elbow Community meets in Essen.

## Co-Chairs:

Hans-Jörg Bülow [Markgröningen]

Boris Hollinger [Markgröningen]

Mathias Ritsch [Rosenheim / Vogtareuth]

Christian Schoch [Pfronten]

## Congress Management:

ProSympos GmbH

Katernberger Straße 107

45327 Essen / Germany

[www.prosympos.de](http://www.prosympos.de)

## Congress Language:

german&englisch

international Session: englisch

No Simultaneous Translation

## Locations:

**Symposium 30.09.-01.10.2025:**

Oktogon

Gelsenkirchener Straße 181

45309 Essen / Germany

**Hands-on OP-Kurs 02.10.2025:**

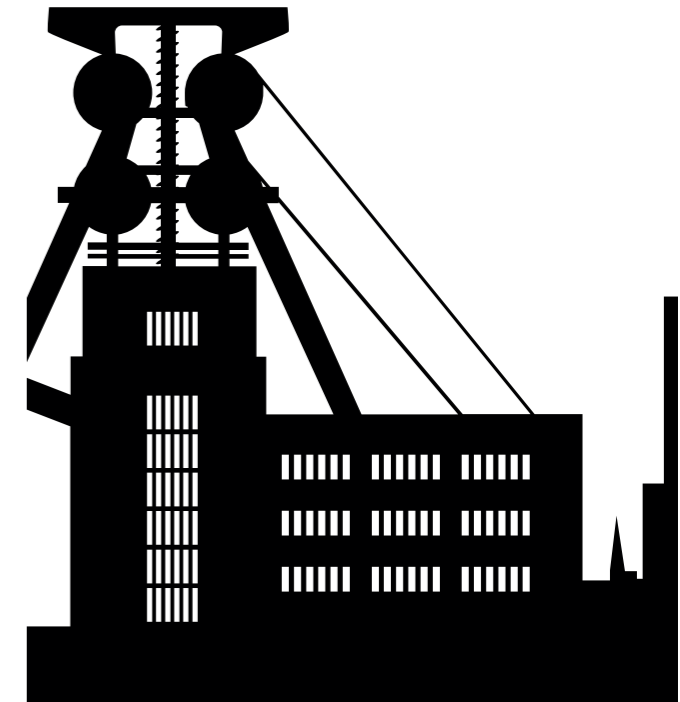
Triple-Z Campus

Gebäude G9

Katernberger Straße 107

45327 Essen / Germany

# Elbow 2025



## Congress & Anatomical CadLab

# Sep 30 – Oct 02

## Essen, Zeche Zollverein / Germany

under the patronage of  
AGA DVSE SECEC



[www.elbow2025.com](http://www.elbow2025.com)

## Dear colleagues and friends,

We are very pleased to welcome you to the Elbow Congress 2025 in Essen. In this unique setting of a historic coal mine, where industrial heritage meets modern architecture, we aim to focus together on the latest insights and developments surrounding the elbow. We are confident that the charm and special atmosphere of this historic site will add a distinctive touch to our event.

As in our previous courses in Wiesbaden, we place great importance on the practical focus of the congress, and we are excited to continue this tradition. Through numerous live demonstrations, leading specialists will showcase innovative surgical techniques and approaches. These hands-on live surgeries provide participants with a unique opportunity to experience cutting-edge procedures and proven techniques up close, gaining practical insights that can be directly applied to everyday clinical practice. Our goal is to combine theory and practice in the best possible way.

During the final cadaver course, there will be an opportunity to try out the demonstrated techniques under expert guidance, reinforcing them through hands-on practice.

A special highlight of the congress will be the international expert panel, where renowned specialists from various countries will share their experiences and best practices.

In the evening, there will be time for lively discussions and networking—we look forward to a friendly gathering with the faculty and participants.

We are excited about inspiring lectures, dynamic discussions, practical demonstrations, and the opportunity to exchange knowledge with you.

Sincerely yours,

Hans-Jörg Bülow, Boris Hollinger, Mathias Ritsch,  
Christian Schoch

## Tuesday, September 30th, 2025

### 08:30 Registration

### 09:15 Welcome

- 09:30 Biceps Tendon Acute - Chronic [15+5] Bülow
- 09:50 Live Demo: Biceps Surgery Technique [30] Ritsch
- 10:20 Triceps Tendon Acute - Chronic [15+5] Leschinger
- 10:40 Live Demo: Triceps Surgery Technique [20] Ritsch
- 11:00 Elbow Arthroscopy: Setup / Tips 'n Tricks [15+5] Weber
- 11:20 Osteochondritis Dissecans / Cartilage Therapy [15+5] Thiele
- 11:40 Arthroscopic Arthrolysis [15+5] Glanzmann
- 12:00 Live Demo: Diagnostic Arthroscopy, Arthroscopic Arthrolysis, and OCD Therapy [30] Schmidt-Horlohé

### 12:30 - Lunch Break

### 02:00 Lunch Workshops / Live Demos

- 02:00 Lateral Epicondylitis [15+5] Geyer
- 02:20 Live Demo: Arthroscopic ECRB-Debridement [10] Bülow
- 02:30 Live Demo: Open Extensor Debridement and Reconstruction [15] Schoch
- 02:45 Medial Epicondylitis [10+5] n.n.
- 03:00 Live Demo: Medial Epicondylitis Surgery-Techniques [15] Gerhardt

### 03:15 Coffee Break

- 03:45 Elbow Stiffness [15+5] Hackl
- 04:05 Live Demo: Column Procedure Technique [15] Moro
- 04:20 Live Demo: Medial Release Technique [15] Ellwein
- 04:35 Case Discussions Mader, Wernder-Tutschku, Elze

### 05:30 End of Scientific Program Day 1

### 06:00 Guided Tour of the historic Coal Mine „Zollverein“

### 07:00 Meet&Greet

## Wednesday, October 1st, 2025

### 08:45 Welcome

- 09:00 Chronic Elbow Instability [15+5] Siebenlist
- 09:20 Live Demo: LUCL [30] Schoch
- 09:50 Live Demo: MUCL [30] Hollinger
- 10:20 Coffee Break
- 10:50 Acute Elbow Dislocation [15+5] Lenich
- 11:10 Live-Demo: Bandnaht / Augmentation lateral [20] Greiner
- 11:30 Live Demo: Medial Ligament Repair / Augmentation [20] Wegmann
- 11:50 Case Discussions: Acute and Chronic Elbow Instabilities [40] El-Zayat, Rippke

### 12:30 - Lunch Break

### 02:00 Lunch Workshops / Live Demos (Topics: ICR / Radial Head, Arthroplasty, and more)

### INTERNATIONAL SESSION

- 02:00 Radial Head [30+10] Barlo
- 02:40 Terrible Triad [30+10] Watts
- 03:20 Endoprostheses [30+10] King
- 04:00 Coffee Break
- 04:30 Post-Traumatic Sequelea of the Forearm after Elbow Dislocation Fractures [10+5] Mader
- 04:45 Live Demo: Coronoid Reconstruction / Osteotomy Technique [30] Hollinger
- 05:15 Live Demo: Radial Head Prosthesis [30] Burkhardt
- 05:45 Distal Humerus Fractures - Osteosynthesis [30+10] Seybold
- 06:05 Distal Humerus Fractures - Arthroplasty [30+10] Müller
- 06:25 End of Scientific Program Day 2

## Thursday, October 2nd, 2025

### LAB DAY

Hands-on Small Group Training on Anatomical Human Specimens under the Guidance of Experienced Instructors

### 08:00 am – 4:30 pm

- » Arthroscopy / Osteochondritis Dissecans / Arthrolysis
- » Ligament Repair / Reconstruction Medial and Lateral
- » Radial Head Osteosynthesis / Prosthesis
- » Surgical Techniques for Extensors and Flexors
- » Coronoid Osteosynthesis Techniques
- » Biceps and Triceps Tendon Reconstructions
- » Total Elbow Prosthesis (TEP)

### Under the patronage of AGA, DVSE, SECEC

