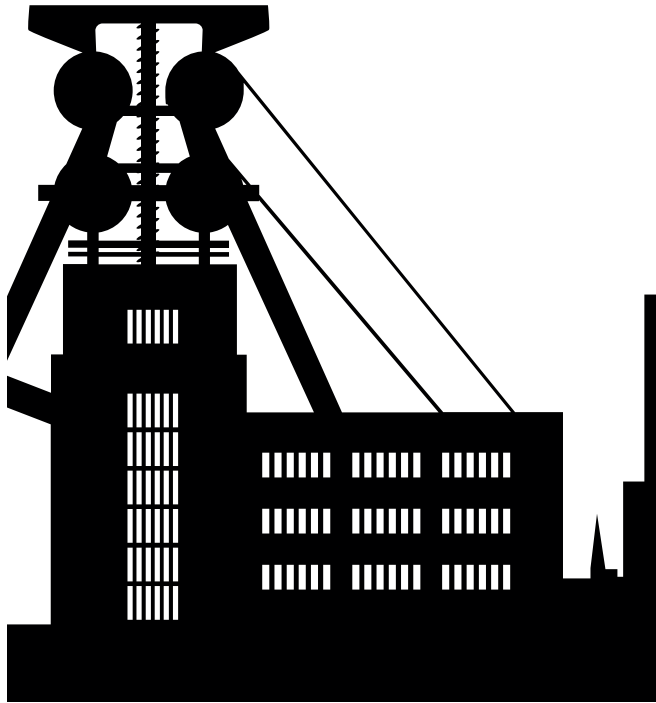


Elbow 2025



Congress & Anatomical CadLab
Sep 30 – Oct 02
Essen, Zeche Zollverein / Germany

under the patronage of
AGA, DVSE & SECEC

Dear colleagues and friends,

We are very pleased to welcome you to the Elbow Congress 2025 in Essen. In this unique setting of a historic coal mine, where industrial heritage meets modern architecture, we aim to focus together on the latest insights and developments surrounding the elbow. We are confident that the charm and special atmosphere of this historic site will add a distinctive touch to our event.

As in our previous courses in Wiesbaden, we place great importance on the practical focus of the congress, and we are excited to continue this tradition. Through numerous live demonstrations, leading specialists will showcase innovative surgical techniques and approaches. These hands-on live surgeries provide participants with a unique opportunity to experience cutting-edge procedures and proven techniques up close, gaining practical insights that can be directly applied to everyday clinical practice. Our goal is to combine theory and practice in the best possible way.

During the final cadaver course, there will be an opportunity to try out the demonstrated techniques under expert guidance, reinforcing them through hands-on practice.

A special highlight of the congress will be the international expert panel, where renowned specialists from various countries will share their experiences and best practices.

In the evening, there will be time for lively discussions and networking—we look forward to a friendly gathering with the faculty and participants.

We are excited about inspiring lectures, dynamic discussions, practical demonstrations, and the opportunity to exchange knowledge with you.

Sincerely yours,

Hans-Jörg Bülow, Boris Hollinger, Mathias Ritsch,
Christian Schoch

Preliminary Faculty List

Raul Barco, MD, PhD, Madrid, Spain

Hans-Jörg Bülow, MD, PhD, Markgröningen, Germany

Klaus Burkhart, MD, PhD, Stuttgart, Germany

Alexander Ellwein, MD, PhD, Assoc. Prof., Hanover, Germany

Maria Elze, MD, PhD, Leipzig, Germany

Bilal Farouk El-Zayat, MD, PhD, Professor, Marburg, Germany

Christian Gerhardt, MD, PhD, Karlsruhe, Germany

Stephanie Geyer, MD, PhD, Assoc. Prof., Pfronten, Germany

Michael Glanzmann, MD, PhD, Zurich, Switzerland

Stefan Greiner, MD, PhD, Professor, Regensburg, Germany

Michael Hackl, MD, PhD, Professor, Mannheim, Germany

Boris Hollinger, MD, PhD, Markgröningen, Germany

Graham King, MD, MSc, Professor, London, Canada

Andreas Lenich, MD, PhD, Professor, Munich, Germany

Tim Leschinger, MD, PhD, Assoc. Prof., Cologne, Germany

Konrad Mader, MD, PhD, Hamburg, Germany

Fabrizio Moro, MD, PhD, Zurich, Switzerland

Lars Peter Müller, MD, PhD, Professor, Cologne, Germany

Jules-Nikolaus Rippke, MD, PhD, Baselland, Switzerland

Mathias Ritsch, MD, Rosenheim & Vogtareuth, Germany

Kay Schmidt-Horlohé, MD, PhD, Wiesbaden, Germany

Christian Schoch, MD, PhD, Pfronten, Germany

Dominik Seybold, MD, PhD, Professor, Düsseldorf, Germany

Sebastian Siebenlist, MD, PhD, Professor, Munich, Germany

Kathi Thiele, MD, PhD, Berlin, Germany

Jörg Weber, MD, PhD, Rostock, Germany

Wolfgang Werner-Tutschku, MD, PhD, Linz, Austria

Adam Watts, BSc, MBBS, FRCS, Professor, Manchester,
United Kingdom

Tuesday, September 30th, 2025

08:30 Registration

09:15 Welcome

- 09:30 Biceps Tendon Acute - Chronic [15+5] Bülow
09:50 Live Demo: Biceps Surgery Technique [30] Ritsch
10:20 Triceps Tendon Acute - Chronic [15+5] Leschinger
10:40 Live Demo: Triceps Surgery Technique [20] Ritsch
11:00 Elbow Arthroscopy: Setup / Tips 'n Tricks [15+5] Weber
11:20 Osteochondritis Dissecans / Cartilage Therapy [15+5] Thiele
11:40 Arthroscopic Arthrolysis [15+5] Glanzmann
12:00 Live Demo: Diagnostic Arthroscopy, Arthroscopic Arthrolysis, and OCD Therapy [30] Schmidt-Horlohé

12:30 - Lunch Break

02:00 Lunch Workshops / Live Demos

- 02:00 Lateral Epicondylitis [15+5] Geyer
02:20 Live Demo: Arthroscopic ECRB-Debridement [10] Bülow
02:30 Live Demo: Open Extensor Debridement and Reconstruction [15] Schoch
02:45 Medial Epicondylitis [10+5] n.n.
03:00 Live Demo: Medial Epicondylitis Surgery-Techniques [15] Gerhardt

03:15 Coffee Break

- 03:45 Elbow Stiffness [15+5] Hackl
04:05 Live Demo: Column Procedure Technique [15] Moro
04:20 Live Demo: Medial Release Technique [15] Ellwein
04:35 Case Discussions Mader, Werner-Tutschku, Elze

05:30 End of Scientific Program Day 1

06:00 Guided Tour of the historic Coal Mine „Zollverein“

07:00 Meet&Greet

Wednesday, October 1st, 2025

08:45 Welcome

- 09:00 Chronic Elbow Instability [15+5] Siebenlist
09:20 Live Demo: LUCL [30] Schoch
09:50 Live Demo: MUCL [30] Hollinger
10:20 Coffee Break
10:50 Acute Elbow Dislocation [15+5] Lenich
11:10 Live-Demo: Bandnaht / Augmentation lateral [20] Greiner
11:30 Live Demo: Medial Ligament Repair / Augmentation [20] Wegmann
11:50 Case Discussions: Acute and Chronic Elbow Instabilities [40] El-Zayat, Rippke
12:30 - Lunch Break
02:00 Lunch Workshops / Live Demos (Topics: ICR / Radial Head, Arthroplasty, and more)

INTERNATIONAL SESSION

- 02:00 Radial Head [30+10] Barco
02:40 Terrible Triad [30+10] Watts
03:20 Endoprostheses [30+10] King
04:00 Coffee Break
04:30 Post-Traumatic Sequelea of the Forearm after Elbow Dislocation Fractures [10+5] Mader
04:45 Live Demo: Coronoid Reconstruction / Osteotomy Technique [30] Hollinger
05:15 Live Demo: Radial Head Prosthesis [30] Burkhart
05:45 Distal Humerus Fractures - Osteosynthesis [30+10] Seybold
06:05 Distal Humerus Fractures - Arthroplasty [30+10] Müller
06:25 **End of Scientific Program Day 2**

Thursday, October 2nd, 2025

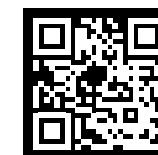
LAB DAY

Hands-on Small Group Training on Anatomical Human Specimens under the Guidance of Experienced Instructors

08:00 am – 4:30 pm

- » Arthroscopy / Osteochondritis Dissecans / Arthrolysis
- » Ligament Repair / Reconstruction Medial and Lateral
- » Radial Head Osteosynthesis / Prosthesis
- » Surgical Techniques for Extensors and Flexors
- » Coronoid Osteosynthesis Techniques
- » Biceps and Triceps Tendon Reconstructions
- » Total Elbow Prosthesis (TEP)

Under the patronage of AGA, DVSE, SECEC



Sponsoring

With special thanks to our sponsors for their support and help in making this event possible:

Platinum Partner:



www.arthrex.com
Sponsorship: 15.000,-€

Gold Partner:



www.zimmerbiomet.com
Sponsorship: 12.000,-€



www.skeletaldynamics.com
Sponsorship: 10.000,-€ and material supply

Bioventus 2.000,-€
www.bioventus.com

Hofer 2.500,-€
www.hofer-medical.com

medartis 2.300,-€
www.medartis.com

medi 1.900,-€
www.medi.de

Regen Lab 850,-€
www.regenlab.de

S&U Medizintechnik 1.500,-€
www.su-medizintechnik.de

Lunchworkshops:

- **Bioventus** Weds. Oct. 01, 2025
- **medartis** Weds. Oct. 01, 2025
- **skeletal dynamics** Weds. Oct. 01, 2025

Hotel Recommendations:

early booking is recommended!

Hotel Friends (Speakers'Hotel)

Martin-Kremmer-Strasse 1, 45327 Essen
essen@hotelfriends.de
Tel. 049 (0) 201 747 043 0

Heiners Parkhotel

Am Bugapark 1d, 45899 Gelsenkirchen
info@heiners.info
Tel. 049 (0) 209 1772-222
www.heiners.info/parkhotel-lp

Patronage:

Under the patronage of AGA, DVSE, SECEC

Continuing Medical Education:

26 CME points expected

DVSE recognition:

Basic curriculum 4h
Expert curriculum 15h (theory 3h, practice 12h)

Participation Fees / Course Fee:

Congress Ticket September 30 – October 1, 2025:

(Congress with numerous live demos, break workshops, and industrial exhibition)

Members of DVSE / AGA / SECEC: 400,- €
Non-members: 500,- €
Physiotherapists / Medical Staff: 100,- €
Medical Students: 0,- €

Combi Ticket Congress incl. CadLab Hands-on Course, September 30 – October 2, 2025:

(For quality reasons participant spots in the CadLab are limited):

Members of DVSE / AGA / SECEC: 950,- €
Non-members: 1.100,- €

Meet&Greet September 30, 2025:

including a short guided tour of the historic Coal Mine:
50,- € per person

The Elbow Community meets in Essen.

Co-Chairs:

Hans-Jörg Bülow [Markgröningen]
Boris Hollinger [Markgröningen]
Mathias Ritsch [Rosenheim / Vogtareuth]
Christian Schoch [Pfronten]

Congress Management:

ProSympos GmbH
Katernberger Straße 107
45327 Essen / Germany

www.prosympos.de

Congress Language:

german&englisch
international Session: englisch
No Simultaneous Translation

Locations:

Symposium Sep. 10 - Oct. 01, 2025:

Oktogon
Gelsenkirchener Straße 181
45309 Essen / Germany

Hands-on wet lab Oct. 02, 2025:

Triple-Z Campus
Building G9
Katernberger Straße 107
45327 Essen / Germany



www.elbow2025.com